



Offshore Racing

OFFSHORE RACING CHAMPIONSHIP 2020



RACE NO 6: Exposure Lights Cowes-St Vaast

With the assistance of the Port de Plaisance St Vaast

Thursday 7th May 2020

HW Portsmouth 11.53 (00.20 Fri 8th) BST

TROPHIES

| Class | |
|-------|--------------------------------|
| 1 | Presidents Cup |
| 2 | Sopranino Trophy |
| 3 | Royal Naval & Albert YC Trophy |

SAILING INSTRUCTIONS

1 Rules

- 1.1 The race will be governed by the rules defined in the racing Rules of Sailing (RRS).
- 1.2 If there is conflict between the Notice of Race (NoR) and the Sailing Instructions the Sailing Instructions shall take precedence. This changes RRS 63.7.
- 1.3 A Special Regulations Checklist must have been completed online before a yacht may start.
- 1.4 Between the hours of sunset and sunrise navigation lights shall be lit and International Regulations for Preventing Collision at Sea shall replace the corresponding rules of RRS Part 2.

- 2.1 The Official Notice Board (ONB) is the Group's website (www.jog.org.uk).

2 Changes to Sailing instructions

- 2.1 Any changes to the Sailing Instructions will be posted before 2000 on the day before it will take effect and announced by VHF radio.

3 Signals made ashore

- 3.1 Limited signals made ashore will be displayed at the flagstaff behind the race officer's box.

4 Class Flags

- 4.1 Each yacht shall carry her class numeral pennant on her backstay as shown on the list of entries.

5 The Course

6.1 If the **Green Flag** is displayed:

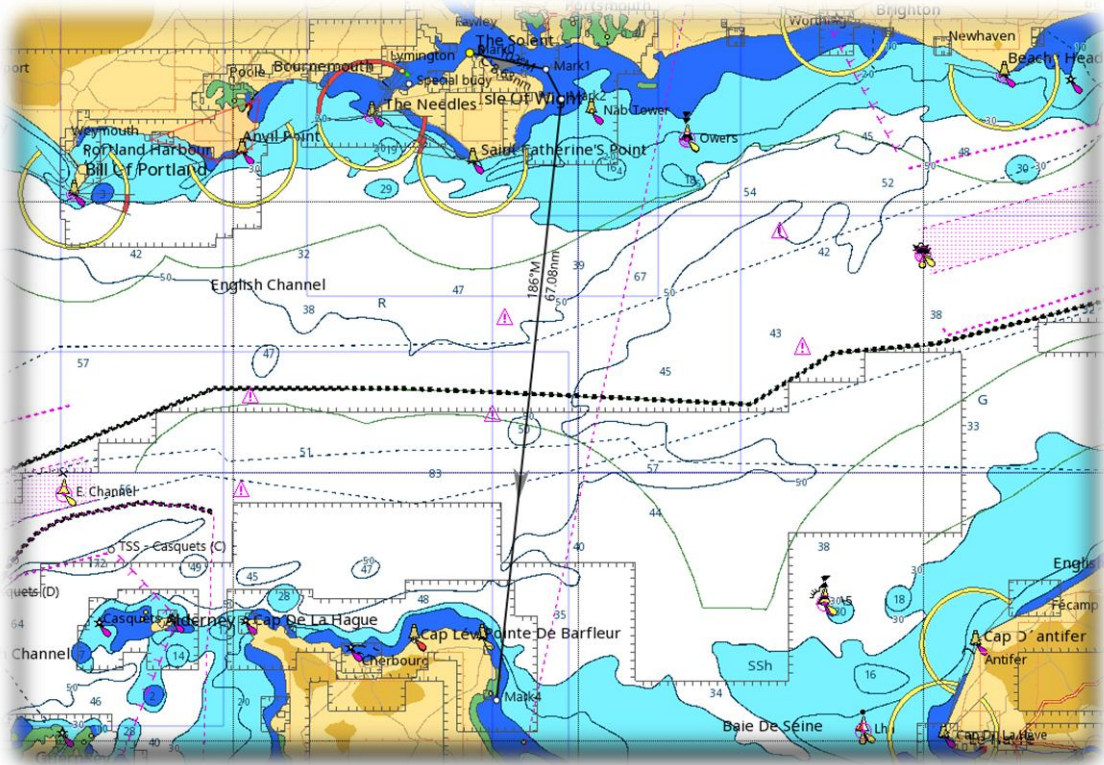
Start Line (West to East)

Snowden buoy (leave to starboard)

Between Horse Sand and No Man's Land Fort

Bembridge Ledge buoy (leave to starboard)

Finishing Line. Distance about 75 miles.



Red Flag Displayed:

The course for all classes will be announced on VHF Ch 37 (M)

7 Areas that are Obstructions



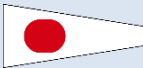
- 7.1 Boats shall comply with Associated British Ports Notice to Mariners No 3 of 2016. The Moving Prohibited Zone in the Precautionary Area which shall rank as an obstruction for the purposes of RRS 19 and 20. Boats shall avoid close quarters with any commercial vessel.
- 7.2 Boats shall not pass North of Horse Sand or South of No Man's Land Forts.
- 7.3 Boats shall not anchor or kedge in the Cowes harbour fairway and in the area between Stone Point and Gurnard Bay on Admiralty Chart 2040. Gas and water pipes, telephone and electricity cables carrying 133,000 volts lie on the sea bed.
- 7.4 Boats shall keep a good look out for ferries and commercial traffic.
- 7.5 Whilst racing boats shall always pass to the north of the Cowes breakwater.

8 Identity Gate.

- 8.1 Before she starts each yacht (subject to draft) must pass between the beach and one of the Mooring Buoys approximately on the Starting Line in an East to West direction, **showing her sail numbers.**

9 The Start

9.1 All times are BST and races will be started as follows:

| | Pennant | Warning Signal | | Preparatory | | 1 Minute | | Start |
|---------|---|----------------|-------------------|-------------|--------------|----------|--------------|-------|
| Class 3 |  | 18:20 | Sound signal only | 18:25 | Sound signal | 18:29 | Sound signal | 18:30 |
| Class 2 |  | 18:35 | Sound signal only | 18:40 | Sound signal | 18:44 | Sound signal | 18:45 |
| Class 1 |  | 18:50 | Sound signal only | 18:55 | Sound signal | 18:59 | Sound signal | 19:00 |

Radio announcements may also be made.
This changes RRS 26.

- 9.2 **The Starting Line is between the Gurnard buoy and a flagstaff behind the race officers' box** which is about 50m to the eastward of the New Holmwood Hotel, Egypt Point, Cowes. A JOG burgee may be flown.
- 9.3 In the event of the race being postponed or abandoned, appropriate flags will be flown and announcements made by VHF radio.
- 9.4 Recalls (individual and general) will be indicated by appropriate sound signals and announced by VHF radio only. This changes Race Signals.
- 9.3 Sail numbers of individually recalled boats **may** be broadcast on VHF as soon as practical. Failure to hail, display or broadcast sail numbers shall not be grounds for redress. This changes RRS 62.1(a).
- 9.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for the other races.

10 The Finish

- 10.1 The Finish Line is the transit of the La Dent South Cardinal Buoy (approx. pstn 49 34.63N 01 14.12W) and the Le Gavendest South Cardinal Buoy (approx. pstn 49 34.42N 01 13.80W. as Chart 1349) cross the line from North to South within **200m** of Le Gavendest leaving Le Gavendest to Starboard. See Diagram and picture in Appendix 1 which is not to be used for navigation. Leading boats only are requested to attempt to call JOG One 5 miles prior to reaching the finishing line.
- 10.2 **In order to produce faster/real time race results we need your help. Please take your finish time carefully. Mandatory declarations online need to be completed within 30 minutes of finishing. If for some reason you are unable to complete the declaration online, please text the JOG Mobile as soon as possible with yacht name, sail number, finishing time, boat ahead & boat astern (text 00447576 882150). In order to guarantee a placing we will need your own recorded time.**

11 Retirements and Withdrawals

- 11.1 Retirements and withdrawals must be advised, where practical, on the appropriate VHF Channel. Refer to SI No 15. Remember that we are only allowed to operate on low power so you may not be able to hear our response to your transmission. Please transmit your message even if there is apparently no reply. The Race Officers should also be contacted by text or call Mobile **00447576 882150**
- 11.2 Retiring yachts must complete their online declaration form, indicating their reason for retirement, **and** notify the Race Officers as soon as possible. Failure to "report in" may lead to an unnecessary call to the SAR Services.

12 TIME LIMIT.

RRS 35 shall not apply.

13 PROTESTS and Requests for Redress shall follow the format of RRS Part 5.

- 13.1 Boats shall notify the race committee by VHF or telephone at the end of the race that they intend to protest.
- 13.2 Protest forms are available from the Race Officer at the finish or the JOG Secretary at secretary@jog.org.uk.

13.3 Protests and requests for redress or reopening shall be delivered within 120 minutes of the yacht finishing the race.

14 Scoring

14. See Notice of Race Instruction 22.

14.2 Results will contribute to the Category 3 series 2020.

15. Radio Communication

15.1 All communications at the **Start** will be on VHF Channel M1 (37a) call sign **JOG One**.

15.2 Communications at the **Finish** will be by **VHF Channel 72**, call sign **JOG One**.

15.3 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

16. Declaration

16.1 Please refer to 10.2

17. Disclaimer of Liability

17.1 Competitors participate in the Race entirely at their own risk. See RRS4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

18. Insurance

18.1 See Notice of Race Sec 26.



Sailing Instructions End

NOTES FOR COMPETITORS

1. **REMEMBER** to ensure that your crew list is filled in online and is up to date at the point of sailing. Inaccurate information has an adverse effect on SAR and border control activities.
2. **Exposure Lights invite all competitors** to a drinks party that is scheduled to take place at 17.00 (1800 local time) on Friday 8th May at the western side of the harbour mole, adjacent to the Tatihou ferry.
3. **AIS.** You are reminded that the use of AIS is now mandatory in all Category 3 races. Please refer to the Notice of Race for details.
4. The Committee encourage you to persuade your crew to become members of JOG <https://www.jog.org.uk/join/>
5. BOATS may be subject to safety inspection at St Vaast and JOG members may be asked to do this on their own and other yachts. Everyone is asked to co-operate with this vital safety measure.
6. Remember to take all your yacht's papers and ensure that all of your crew have valid Passports. These may be checked by UK & French officials.

7. The St Vaast lock gate opening times are approximately 2¼ hours before HW and 3hrs after local HW.

| | Lock Opens Approximately (BST) | Lock Closes Approximately (BST) |
|------------------------------|-----------------------------------|------------------------------------|
| Friday 8 th May | 07:09 | 12:25 |
| | 19:32 | |
| Saturday 9 th May | | 00:47 |
| | 07:53 | 13:08 |
| | 20:13 | |
| Sunday 10 th May | | 01:28 |

La Capitainerie du Port can be contacted on VHF Ch9 or telephone: 0033 233236100, Remember to pay your berthing fee.

8. JOG WhatsApp Group

JOG WhatsApp is for assistance only and any communications do not form part of the sailing instructions. Broadcast group only – please note this group will be used to send course updates, information about social events and updates from the committee boat/box.

Scan the QR code with your Mobile to Join the WhatsApp Group



Martin Banfield
JOG Secretary