



# JOG Special Regulations Checklist V4.0

This document is to assist you completing your checklist which is required to be completed online at [www.jog.org.uk](http://www.jog.org.uk)

Name of Yacht: SCREAM 2 .....

Sail Number: GBR6586L .....

This list is to assist the owner to check the yacht and her equipment for compliance with the World Sailing Offshore Special Regulations. It is not exhaustive and reference should be made to the complete WSOSR, published on the World Sailing Website: [www.sailing.org/specialregs](http://www.sailing.org/specialregs). The owner, the person in charge their representative or yacht skipper shall make all crew aware of this checklist and explain its contents prior to the start of each JOG race.

**3** This Icon marks any questions that are Category 3 Requirements only

## Information

Each competing yacht must comply with the World Sailing Offshore Special Regulations (WSOSR) Category 3 plus liferaft (as Category 2) or Category 4 plus safety harness.

Yes Do you comply, at least, with WSORC Category 3 plus liferaft?

Yes Or, at least, with WSORC Category 4 plus safety harness?

### Part 1 - Above Deck

#### Hatches:

Yes Can the companionway hatch be locked and unlocked from both above and below deck?

Yes Are the hatch boards tied to the boat whilst at sea to prevent their loss overboard?

#### Cockpits:

Yes Can all openings into the hull (e.g. locker lids) be strongly and rigidly secured?

#### Pulpits, Stanchions, Lifelines:

Yes Are all of your lifelines made of wire? Tensioning lashings shorter than 100mm are permitted.

Yes Is the pulpit continuous with no gap or dip at the bow? If not does it comply with OSR 3.14.1 g)?

Yes Are your lifelines, pulpit, etc, continuous around the boat at both levels?

Yes Are the supports for the lifelines a maximum of 2.20m (7' 2 1/2"), apart including across the transom?

Yes Is every lifeline taut?

#### Jackstays:

Yes Do you have Jackstays, independent on each side of the boat?

Yes Can a crewmember clip on to a pad-eye or jackstay before coming on deck?

#### Navigation Lights:

Yes Do your main Navigation Lights comply with ColRegs?

Yes Do you have reserve Navigation Lights?

**Emergency Steering:**

- Yes Do you carry a spare tiller?
- Yes Have you devised and tested at sea a method of steering without a rudder?

**Standing Rigging:**

- Yes Do you carry a hacksaw, bolt croppers or suitable alternatives to sever the rigging?

**Cockpit Knife:**

- Yes Do you carry a strong, sharp knife, sheathed and securely restrained, readily accessible in the cockpit or on deck?

**Part 2 - Below Deck****Navigation Equipment:**

- Yes Do you carry navigational charts (not solely electronic) and chart plotting equipment?

**Safety Equipment Location Chart:**

- Yes Do you display the Safety Equipment Location Chart?

**Heavy Equipment:**

- Yes Are you satisfied that all heavy items are securely stowed to resist a 180° capsize? These include internal ballast, batteries, stoves, liferafts, tools, anchors and chain, gas bottles, tanks and engines, and other items likely to cause injury in a capsize or knockdown.

**Communication Equipment:**

- Yes Do you carry an AIS Transponder capable of transmitting & receiving for the duration of the race? **3**

**Mast Step:**

- Yes Is the mast foot restrained to the step or adjacent structure?

**Bilge Pumps & Buckets:**

- Yes Do you carry at least 2 strong buckets, each with a lanyard (1 for Cat 4)?
- Yes Are bilge pump handles secured against loss overboard?
- Yes Can at least one pump be operated with cockpit lockers, hatches and companionways shut?

**Plugs:**

- Yes Do you carry a softwood plug secured at or near every through-hull opening?

**Fire Fighting Equipment:**

- Yes Do you carry at least 2 in date and suitable fire extinguishers (1 for Cat 4)?
- Yes Do you have a fire blanket adjacent to every cooking device with an open flame?

**Man Overboard:**

- Yes Do you have a lifebuoy with a self-igniting light and drogue?
- Yes Are the lifebuoy(s) marked with the boat's name and retro-reflective material?
- Yes Do you have a recovery sling?
- Yes Do you have a heaving line of 15-25m length readily accessible to the cockpit?

**Grab Bags:**

- Yes Do you carry a grab bag on board with the contents compliant with ORC Special Regs?

**Marine Radios, yacht and personal equipment:**

- Yes Do you have sufficient and compliant tethers of 2m or less with an intermediate self-closing hook to provide a maximum working length of 1m when required?
- Yes Do you have sufficient, approved, serviced and in date lifejackets and harnesses?
- Yes Each with a lifting loop, gas inflation system, crotch/thigh straps and spray hood?

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| Yes | Is each lifejacket clearly marked with the boat or wearers name?   |
| Yes | Is there at least one gas inflatable lifejacket spare cylinder and a spare activation head for each type of lifejacket onboard?      |
| Yes | Do you have a First Aid kit and manual?  |
| Yes | Do you have a radar reflector?   |
| Yes | Do you have a VHF radio including a handheld watertight radio or waterproof cover?   |
| Yes | Do you have readily accessible Solas flares as required in Special Regs, 4.23?   |
| Yes | Do you have at least 2 torches with spare bulbs and batteries plus a throwable waterproof torch readily accessible from the cockpit? |
| Yes | Do you have a fog horn with spare gas cylinder where needed?   |
| Yes | Do you have a working shut off valve between the engine and the fuel tank  |
| Yes | A working emergency VHF aerial not mounted on the mast? <b>3</b>   |
| Yes | A liferaft of sufficient capacity to carry every member of the crew and in date inspection certificate? <b>3</b>                     |

### Part 3 - Storm and Heavy Weather Sails and Anchors

#### Storm and Heavy Weather Sails:

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| Yes | Do you carry a storm or heavy weather JIB?   |
| Yes | Can it be secured to the forestay other than by the luff groove?   |
| Yes | Do you carry a storm trysail or a mainsail that can be reefed to reduce the luff by at least 40%? <b>3</b> |

#### Anchors:

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| Yes | Do you carry an anchor/s in accordance with World Sailing Regs?     |
| Yes | Can they be assembled and be ready for deployment within 5 minutes? |